

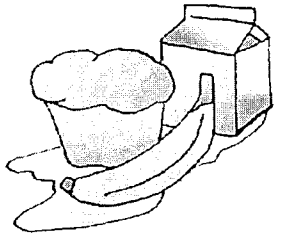
Get off to a

Good Start,

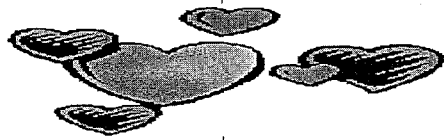



Eat Breakfast!

Breakfast is served at all Schools Sites

Did you know ?
If your child(ren) has been approved for free or reduced lunches he or she is automatically approved for free or reduced breakfast



Breakfast Prices:
\$1.50 Adults
\$1.00 Students
\$.30 Reduced

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		¹ Hawaiian Breakfast Sandwich Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	² Breakfast Chef's Choice Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	³ Breakfast Pizza Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	Cal 602 T.Fat 6.69 G S.Fat 2.1 G
⁶ Buttermilk Bar Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	⁷ Baked Cinnamon Bun Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	⁸ Omelet w/ Potatoes, Salsa Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	⁹ Breakfast Burrito w/ Potatoes Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	¹⁰ Breakfast Chef's Choice Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	Cal 540 T.Fat 6.77 G S.Fat 2.1 G
¹³ NO SCHOOL TODAY 	¹⁴ Breakfast In A Cookie Breakfast Fruit Yogurt Cereal Fresh Fruit Milk 	¹⁵ Breakfast Grilled Cheese Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	¹⁶ French Toast Sticks Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	¹⁷ Breakfast Chef's Choice Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	Cal 547 T.Fat 7.76 G S.Fat 2.7 G
²⁰ NO SCHOOL TODAY <small>Washington and Lincoln's Birthday</small> 	²¹ Breakfast Grilled Cheese Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	²² Omelet w/ Potatoes, Salsa Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	²³ Breakfast Muffin Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	²⁴ Breakfast Chef's Choice Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	Cal 531 T.Fat 7.42 G S.Fat 2.5 G
²⁷ Bagels w/ Cream Cheese Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	²⁸ Oven Baked Donut Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	²⁹ Breakfast Burrito w/ Potatoes Breakfast Fruit Yogurt Cereal Fresh Fruit Milk	View your children's meal history and / or payments online @		Cal 551 T.Fat 8.21 G S.Fat 2.4 G Over

\$10.00 Charge for Returned Checks
Menu are subject to Change
Menu Questions or Concerns Contact Cindy Wallace
@
619-445-3639

Breakfast Includes:
Choice of
Hot Entree, Cereal or Yogurt
Also Fresh Fruit & Milk

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.