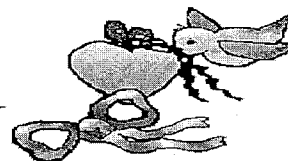


# AES



# February



Alpine Union  
School District  
Lunch Menu  
2011 - 2012

### Did you know ?

If your child(ren) has been approved for free or reduced lunches he or she is automatically approved for free or reduced breakfast

Little Caesar Pizza  
Schedule  
SHS Monday  
AES Tuesday  
CELC Wednesday  
BOES Thursday  
JMMS Friday



Lunch Meal Prices:  
\$2.25 Middle School  
\$2.10 Elementary  
\$1.75 Kindergarten  
\$.40 Reduced

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		1 Sack Lunch Entree Fresh Fruit Fresh Vegetable Milk Treat	2 Hot Dog w/ Bun Chicken Nuggets Yogurt PB & Jelly Sandwich	3 Individual Pizza Yogurt PB & Jelly Sandwich Chef's Choice	<b>Cal</b> 843 <b>T.Fat</b> 21.03 G <b>S.Fat</b> 6.2 G
6 Beef Dipper w/ Rice Teriyaki Chicken W/ Rice Yogurt PB & Jelly Sandwich	7 Little Caesar Pizza Salad Bar & Milk 	8 Sack Lunch Entree Fresh Fruit Fresh Vegetable Milk Treat	9 Chicken Patty w/ Bun PB & Jelly Sandwich Yogurt Pretzel w/ Cheese	10 Shrimp Poppers Sloppy Joe w/ Bun Yogurt PB & Jelly Sandwich	<b>Cal</b> 866 <b>T.Fat</b> 19.25 G <b>S.Fat</b> 5.4 G
13 NO SCHOOL TODAY 	14 Little Caesar Pizza Salad Bar & Milk Treat 	15 Sack Lunch Entree Fresh Fruit Fresh Vegetable Milk President's Day Treat	16 Corn Dog Taco Boat Yogurt PB & Jelly Sandwich	17 CHICKEN FAJITA Popcom Chicken Yogurt PB & Jelly Sandwich	<b>Cal</b> 889 <b>T.Fat</b> 23.86 G <b>S.Fat</b> 6.7 G
20 NO SCHOOL TODAY 	21 Little Caesar Pizza Salad Bar & Milk 	22 Sack Lunch Entree Fresh Fruit Fresh Vegetable Milk Treat	23 NACHOS w/ CHEESE Bean & Cheese Burrito Yogurt PB & Jelly Sandwich	24 Shrimp Poppers Cheeseburger Yogurt PB & Jelly Sandwich	<b>Cal</b> 855 <b>T.Fat</b> 21.97 G <b>S.Fat</b> 6.6 G
27 Spaghetti w/ Meat Sauce Chicken Nuggets Yogurt PB & Jelly Sandwich	28 Little Caesar Pizza Salad Bar & Milk 	29 Sack Lunch Entree Fresh Fruit Fresh Vegetable Milk Treat	<b>View your children's meal history and / or payments online @ www.parentonline.net</b>		<b>Cal</b> 843 <b>T.Fat</b> 21.46 G <b>S.Fat</b> 6.4 G <b>Over</b>

Lunch Includes:  
A choice between  
3 Entrees, Milk & Salad Bar

\$10.00 Charge for Returned Checks  
Menu are subject to Change  
Menu Questions or Concerns  
Contact Cindy Wallace  
@  
619-445-3639

In the operation of child feeding programs, no child will be discriminated against because of race, color, national origin, age or disability. If you believe you have been discriminated against write immediately to Dept. of Agriculture, Wash. DC 20250.